

THE MEDIATOR

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“Making peace, one person at a time”

July-August, 2008

NCS Summer Updates

▪ Support Group for Women with



Low Self Esteem

If you know a female friend, family member or colleague who always puts herself down, blames herself for everything, describes herself in negatives (you get the picture)...this support group may help her.

What: 4-week support group for women

Where: Northcoast Conflict Solutions

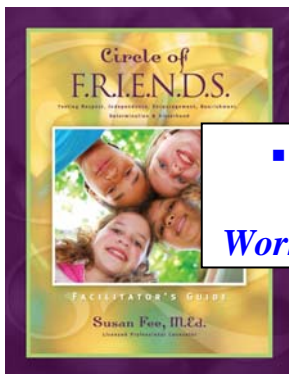
Time: 6 – 7 PM (come after work; casual dress)

Cost: \$20 each session

Dates: Tuesdays in September (2, 9, 16, 22, 30)

Facilitator: Patti Bertschler, PCC

Registration required: (216) 236-6200 x 2



▪ **Circle of F.R.I.E.N.D.S. Workbook now available**

Local author, therapist and speaker, Susan Fee, PC, says, “Sticks and stones can break your bones, but words can break your heart. Welcome to the complex world of girls and their friendships. As girls develop, they need the skills to define and maintain healthy friendships, express their feelings, regulate emotions and develop self-care practices. *Circle of F.R.I.E.N.D.S.* is a program for developing social skills in girls ages eight to fourteen. The acronym stands for Feeling Respect, Independence, Encouragement, Nourishment, Determination and Sisterhood.

Material is used in a number of settings and is appropriate for teachers, parents, school counselors, camps, scouts, private therapists and community groups. To order a copy, please call (330) 207-0650.

CALENDAR

- July 15 and Aug. 20** “Without Becoming Enemies” Free--for divorcing couples. 7:30 PM
Mark Newton: Shaker Heights
John Bertschler: Seven Hills
- July 15** Brecksville Human Services Dept. “My Mind is Like a Steel Whatchamacallit.” Free lunch and Presentation. Call (440) 526-3238 to register. (For older adults)
- August 6** Advisory Board Meeting 5:30 PM
- Sept 2, 9, 16, 23, 30** Support Group for Women with Low Self-Esteem. \$20 each session. Minimum 5; maximum 10 women
- Sept. 12-13** Basic Mediation training. John Bertschler, PhD & Mark Newton, JD. 12 CLEs and CEUs approved. \$250.00
- Oct. 3** Marketing your Private Mediation Practice. Patti Bertschler. 3 hrs. \$75.
- 10** Ethics for Professional Healthcare Workers. John Bertschler, PhD. 3 CEUs. \$50. 8:30 AM – 11:15 AM.
- 17** Advanced Elder Mediation. 6 CEUs. BENHA approved. John and Patti Bertschler. \$100.

Unless noted, all workshops are held in our training room at 7819 Broadview Road Seven Hills, OH 44131. For more information or to register, please call (216) 236-6200.

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